

## How to Present a Case to the **Professional Coaches Dinner Exchange**

- A. Choose a specific situation that you would like to present to the other coaches. The more a particular situation is of importance and concern to YOU, the more you will gain by consulting with other colleagues. Therefore, choose a real case in which you might be asking yourself: “How can I best move this situation forward as a professional coach”.

Here are three (3) subject types for which you can enlist the aid of the group:

- Coaching issues for which you are seeking answers in order to find a path for action
- You are looking for tools or approaches with respect to the practice of coaching, which, could help you find the steps to move your coachee(s) into appropriate action
- Concerns you may have as a coach that may be bothering you **even more** than the issues at hand, and, that you would like to share with other coaches in order to better identify and define them for yourself and therefore, help you move forward.

B. Presenting your case or situation to the group

1. Clearly identify the subject that will be discussed.
2. Create a “catchy” title for the subject that eloquently reflects the text that follows.
3. Write a small headline paragraph of 4-5 lines that summarizes the essential points of the situation you want to present (something like you would find at the beginning of a newspaper article): A catchy title with an interesting headline will stimulate interest in your topic!
4. Present the situation with the important elements: the history, the players, what’s at stake, what has been your strategy to date, what have you tried, what results have been achieved, the effect of the situation on you and on others involved, your fears, your intentions etc.
5. Indicate the result you would like to achieve. What is your particular need with respect to this situation?
6. Specify the request you have to the other coaches, who will be your consultants:
  - To share similar situations
  - To understand the role you need to play in this situation and to identify different paths that will transform your role accordingly
  - To suggest different paths to find solutions
  - To explore the plan and make suggestions on what might be added to increase the chances of success.
  - Any other pertinent requests

This preparatory work will help you clarify your request and therefore achieve better results with the other coaches. Remember that everyone can benefit from the discussion.

Presented by: \_\_\_\_\_

E-mail: \_\_\_\_\_

DATE: \_\_\_\_\_

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